

Internship: Young trainer - Improving engagement with young people in health research

Role title: Training Intern – Young people's health 2022 (x 3)

Location: London (Southwark, London – with some flexibility for home working)

Duration: 5 months

Hours: Part time – 1 day per week or equivalent (this is likely to be a Monday or Thursday. On weeks where you are asked to deliver or take part in training you may be asked to work 2 days and then to take a day off on another week)

Salary: London Living Wage (£11.05 per hour)

Benefits: 25 days annual leave, plus bank holidays (pro-rated)

Further contact information: esta@ayph.org.uk

This pack includes the role description for the interns, the person specification or the skills and qualifications we are looking for and information about the support which will be available to the training interns.

As set out in our advert we are especially interested in hearing from young people from diverse communities who can bring a range of perspectives and lived experience to this work. We positively encourage applications from candidates who are disabled, from ethnic minority groups and different socioeconomic backgrounds. We are committed to making reasonable adjustments for candidates who have accessibility requirements.

Job Description

About AYPH

The Association for Young People's Health (AYPH) is the UK's independent voice for young people's health. Our vision is that all young people (age 10 – 25 years) have the best possible health and equal access to high quality youth friendly services. We do this by:

Advancing young people's health by sharing information, innovation, best practice and delivering training.

Analysing young people's health. We provide access to high quality, reliable data and research about young people's lives, views and experiences.

Amplifying young people's voices. We value young people's expertise and deliver a range of participation and engagement projects as well as supporting our own youth advisory panel.

Advocating for young people's health. We advocate for young people's health via our policy work with local, regional, national and international structures including government and health structures.

Please go to our website for more details of our work: <http://ayph.org.uk>

Our training programme

We often get requests from professionals asking for advice about how to make their health services or health research projects youth friendly. They want advice, guidance and training about how to make sure young people have a voice in the services or projects that they are running. They especially want to hear from young people who experience more challenges with their health (this may be because of where they live, health conditions they have or lack of access to the right services).

We want to design and pilot training programmes for professionals working in young people's health sector. We would like to ensure that this training is co-designed and delivered with young people. We have three training internships for young people to join us and help design and deliver a pilot of one of the training programmes.

If you are passionate about young people's health, a confident communicator (we can also help you with this – we know talking to groups can be nerve wracking!) and would like to help us make a change to young people's health and health inequalities apply now!

Role and responsibilities:

As interns, one of the first things you will do is attend training on how to facilitate training (a train the trainer programme). This will also give an opportunity for you to explore young people's health issues and develop your understanding of health services. Then working alongside healthcare professionals and experts from the AYPH network you will help us to develop and deliver a pilot training programme for professionals. The first training programme we will pilot, and the main focus of these internships, will be a training course for health researchers and professionals at Imperial College London.

We want you to be confident to co-deliver the training and to support professionals to develop their understanding of how to work with young people in a way that both appeals to young people and is safe and ethical. You will be expected to share your ideas and opinions about young people's health, how to design projects and services so young people want to get involved and what makes it more difficult for some young people to have good health (health inequalities). As a trainer you will not be expected to answer personal health questions during the training sessions.

Daily tasks will include:

- Developing your facilitation, presentation skills and understanding of health services:
 - attending facilitation training
 - taking up opportunities to practice presenting and communicating to different audiences
 - interviewing health researchers / professionals about their roles
- Working with AYPH staff to develop and deliver training programmes:
 - attending meetings and workshops to develop key messages and engaging activities that can be part of the training
 - running consultation workshops or surveys with other groups of young people to get their views about key messages for the training
 - helping develop multimedia resources for training (art work, video or audio content)

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- Promoting the training to Imperial College staff (by attending meetings, using social media and / or writing for internal publications)
- Co-delivering the pilot training with AYPH staff
- Helping evaluate the pilot training, sharing learning and contributing to recommendations for how the project should develop in the future
 - Helping shape the evaluation of the training programme
 - Providing feedback on your internship experience and recommendations for improvement or future development
 - Drafting text for AYPH communications (e.g. social media and newsletters)
 - Uploading content onto the AYPH website

It is also expected that the interns will be involved in the day to day activities of AYPH, regularly attending team meetings, with opportunities to shadow other members of the AYPH team and staff at Imperial College London. AYPH has a small team of enthusiastic individuals who work across a range of exciting projects and the interns will be encouraged to get involved with work that interests them.

The benefits of being an AYPH intern include:

- Developing your confidence, communication, training and facilitation skills
- Gaining a greater understanding of the health sector, and particularly health research
- Making a real difference to an exciting, new and innovative project
- Experience working within a small third-sector organisation and learning about different projects AYPH are currently undertaking

Person specification

Qualifications and requirements:

We will not be selecting candidates based on their level of education / qualifications or length of time within previous employment experiences, making these internship positions an ideal opportunity for individuals at the beginning of their career or for those who have not followed traditional academic routes.

We encourage applicants to consider their existing involvement in employment, school work and extra-curricular activities and how they have utilised their skills in these different settings. Applicants should also consider whether their interests and personal traits are aligned to those we are seeking for these intern roles.

The successful candidate will need to prove eligibility to work in the UK.

Skills	Personal traits	Interests
Administration	Organised	Young people's health
Email proficiency	Reliable and good timekeeper	A passion to challenge unfairness in young people's

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		health and an interest in issues of equality
Creative ideas	Confidence to share views and opinions with professionals	A passion for children and young people's rights and to get young people's voice heard
Great communication skills	Good communicator	Health research
Ability to think on your feet (answer questions, deal with problems)	Meets deadlines	Group work and projects
Able to identify some of the social and environmental factors that mean some young people experience poorer health or more health challenges than others	Friendly and likes working in small teams	
	Enthusiastic and eager to learn	
	Flexible approach to working	
	Ability to reflect on what creates a good learning environment	

What support will be available?

The three interns will work closely with and be supervised by the AYPH Education lead, Esta Orchard, who is responsible for leading the development of the training programme. You will also work closely with AYPH's Research Lead, Dr Ann Hagell.

Training and support will be provided and interns will not be expected to deliver training or workshops by themselves. They will always be working alongside AYPH staff and other interns.

AYPH offices are based in central London (Southwark) and this is the primary base. However it is expected that the training will be delivered in person at Imperial College London. When interns are needed to attend meetings or events in London, AYPH would be able to cover travel costs. Equipment needed to carry out the role will be provided by AYPH.

To apply for this role

[Complete the online application](#)

Please also complete the anonymous [Equality and diversity monitoring form](#)