

Aspirations, opportunities and challenges

Young people's report

Youth led
research

into the
lives of
young people

in Kensington
and Chelsea

18 peer
researchers
conducted
surveys with

154 young
people from
across the
borough

to find out about

their local
area

what they
would like to
be doing

where
they get their
support

how they
spend their
time

With messages peer researchers thought were most important

area

"you're growing in diversity
...you've actually grown with
an Asian friend, a black
friend, a Jewish friend"

"there's
of motivation
aspiration
people. So n
just do nothing
wander the str
and do somet
doing what
to do, and
actually
achieve



"you can have an
estate with say the
majority of working
class, and right next
to it is a house worth X
amount of millions. And
there's a clear line where
you can see differences
but we'd never really
interfere with each
other"

what
avail

"...those living in
the area they see
crime, whether that's
the handling of drugs or
whether that's post-code
wars or gangs just in general,
or antisocial behaviour with
people doing this, doing
that – that is a day-to-
day thing"

"Of course, this
is an on-going
thing so everything
revolves around
money and that is one
thing that some people
don't have, and if
you do have it then
you don't have a
problem"

"I want to be
introduced to
new sports and not
football all the time "

s a lack
ation and
n in young
many people
ing, they just
eets or they go
hing, carry on
t they want
they don't
aspire to
e more"

"Advertisement" "Basically
what activities are on
and what's available
for them"

"Youth clubs that
teach useful skills
such as playing an
instrument"

"Creative things,
because there's always
the sports, or there's
always this or that
but there's no
creative outlets"

"And those
that didn't go to
youth clubs would
like for there to be
better outreach to those
that don't go to school and
don't go to youth clubs,
that are just in the
streets in that
sense"

at's
lable

"Even if you
have a really small
mental health issue,
like you're depressed for
example, you'll be classified
as crazy or insane and stuff
like that. That stigma that's
still attached to it is very
hard to get away from
I think in some
communities"



oping &
support

"At school we
have workshops
for people to talk
through their worries"



There is a hive of opportunities for young people in the borough

Young people like living in a diverse and supportive community

Young people do physical and creative things to look after themselves

Young people get lots of support from friends and family

Young people said the community has become more close-knit after Grenfell

Lots of young people shared their feedback with the peer researchers

Thank you to the peer researchers for all their hard work

Some young people still find it difficult to access activities or would prefer different things

Young people don't always feel safe and can worry about being moved out of the area

Stigma and judgment about mental health is still a problem

Young people want less crime, better housing and access to educational opportunities

Grenfell affected everyone and caused disruptions to education and housing

It's important to young people that this research leads to positive changes

"a lot of young people want to be taken seriously, more seriously anyway...They are individual people and they have individual needs, which I think sometimes can be ignored"

and Kensington and Chelsea council for supporting this project

Find the full report at www.youngpeopleshealth.org.uk/peer-research