Training summary: Health inequalities and young people



Are you concerned about health inequalities but unsure where to start or what your role is in tackling them?

Join our one day course to learn more about the issue, how it is affecting young people and what you can do.

This training is co-facilitated with young trainers.



Further information: You can find more information about the course below. Dates for this course as well as other courses are available on our website. Or email us info@ayph.org.uk if you would like to purchase this or any other course in house for your organisation.

Overview	Develop your understanding of health inequalities and how they are experienced by young people aged 10-25. This course will draw on the latest data and young people's experiences to provide you with expert knowledge on health inequalities. We will explore solutions and actions that can be taken locally in health settings to reduce inequalities facing specific groups of young people.
Who should attend?	Anyone with an interest in improving young people's health and removing access barriers for young people. The course is open for all professionals working with young people, though we will be exploring the themes through the lens of health services. All career grades are welcome. No prior knowledge of health inequalities is required, the aim is to develop your knowledge and understanding around the issue.
Learning objectives	 By the end of this course you will be able to: Understand and articulate what we mean by health inequalities in adolescence and early adulthood, learning from a new conceptual model Understand the latest information on young people's health inequalities and explore how health services can effectively target and reach specific groups of young people in order to reduce health inequalities locally Hear about young people's experiences of health inequalities and learn about the value of working with young people to improve their access to and experiences of health services