



## Ensuring marginalised young people's voices are heard

Our Be Healthy project amplified the voices of young people affected by sexual exploitation. We advocate for young people's active partnership in improving health and wellbeing. Using creativity we support young people to imagine possible solutions as well as identifying the barriers they face.

Over recent years we have co-produced 5 films, 4 leaflets, 3 infographics, 2 websites, 1 web comic, 1 training curriculum, attended 2 international conferences and supported a partner to embed a young people's steering group.

*"The Be Healthy project has given me long term life skills, resilience to keep me strong and kept me moving forward onto a positive pathway for my future."*

Kirsche Walker,  
Health Advocate

## Increasing access to knowledge and information

In 2017 we published 'Key Data on Young People 2017', a unique compendium of publically available statistics on young people's health.

Altogether we have produced 5 biennial editions of 'Key Data' on young people; over 25 research briefings on different health issues; 10 academic journal articles; and we deliver at least 15 major talks and presentations each year.

*"Key Data on Young People pulls together data from many sources, saving much legwork. I wish every country had a report like it."*

Joel Budd  
Social Affairs editor, The Economist

*"The project has exceeded expectations and our new found relationships will go from strength to strength."*

GP Champs partner project

## Supporting improved practice

From 2012–2015 we ran 'GP Champions for Youth Health' focused on transforming the delivery of health services for young people by creating new links between GPs and the voluntary sector in 10 areas in England. Tools from the work are written into NHS England guidance and remain useful and relevant today.

Other innovative projects have resulted in 5 toolkits for practitioners and a framework for Public Health England focusing on improving young people's health and wellbeing. We disseminate good practice from academic, clinical and youth work with stakeholder events, briefings and articles.

*“Your comprehensive coverage of the important and essential work of the Voluntary and Charity Sector and how it compliments everything we do was just perfect, and firmly established the place of your sector as partners in our work. You were inspiring, clear and passionate, and spoke with warmth on the young people you represent so tirelessly, a strong and loyal advocate for their needs and fully representative of their all-important voice.”*

Feedback following presentation

## Informing policy development

We provide the secretariat for the All Party Parliamentary Group on Young People’s Health. Established in 2017 the group seeks to facilitate discussion about young people and their health outcomes at the heart of Government.

We have spent the last 10 years representing young peoples’ health interests on national and international committees including the CYP Mental Health Taskforce, Child Health Alliance and Children and Young People’s Health Outcomes Forum. We have had funding from 4 government departments and health system partners to support our work.

## Building networks and partnerships

AYPH is a membership and networking organisation.

Since 2013 we have been a member of the Young People’s Health Partnership. In 2015 we became its lead providing a trusted and expert voice on young people’s health and the role of the voluntary sector in health for the Department of Health, NHS England and Public Health England.

Our work has included holding 10 national conferences for professionals working in young people’s health in Cardiff, Edinburgh, London, Manchester & Salford. These events focus on supporting practitioners, sharing learning and good practice. We also work closely with 4 Royal Colleges and have supported over 150 young people to have their voices heard by the most senior health professionals in England.

*“I use info from the AYPH website regularly within a public health team. Today has been useful in helping to shape a local approach.”*

Conference delegate

*“Has helped me to understand the wider health context and challenges for health professionals. For a small charity you do significant work which has a lot of impact.”*

Conference delegate

*"I now have a wider understanding of how to approach activities with young people – it is about them taking ownership and doing what they want. We assume that by having group participation in our workshops we are getting them involved but even though they learn through that, they are not taking ownership. If they created the resources it would stick with them more and be more credible."*

Be Healthy Training participant

**Our resources are free and targeted for a range of audiences working in different sectors. Visit our website to find out more about:**

- reasons for investing in young people's health
- understanding social determinants
- communicating with young people
- improving access to health services
- researching student health
- current policy consultations
- sharing data
- co-designing new service models
- involving marginalised young people
- facilitating transitions
- supporting parents
- learning from young people's experiences
- promoting resilience

## Thank you

We would like to thank all the young people, partners, funders and other people who have supported AYPH and its work over the last 10 years.

We look forward to working with you all for the next 10!

## Join or commission us

[www.ayph.org.uk](http://www.ayph.org.uk) [info@youngpeopleshealth.org.uk](mailto:info@youngpeopleshealth.org.uk)



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