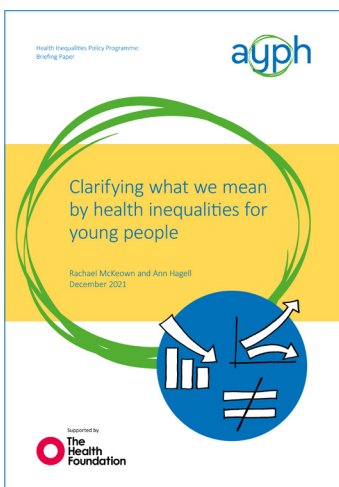


Success Report 2018–2022

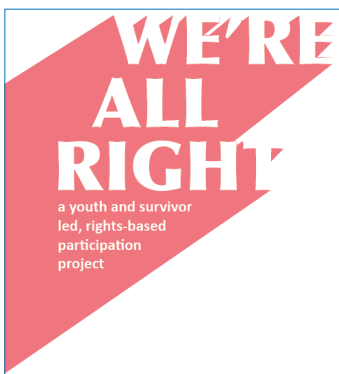
Since 2018 we have worked hard to strengthen and extend the reach of AYPH so that we can maximise our ability to improve young people’s health



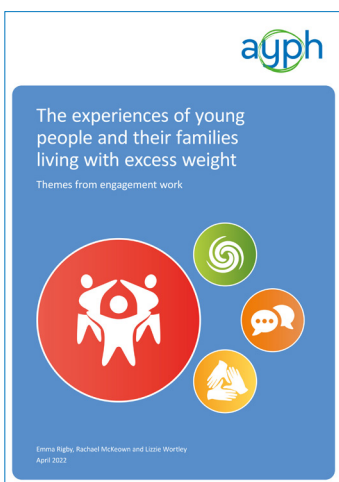
We have maintained a core of **expert staff** and expanded our staff team with an Education Lead and Health Inequalities Policy Fellow as well as a Research Associate. These roles have enabled us to increase our outputs to better support more practitioners in the youth health field on a broader range of topics.

We have continued throughout the pandemic to deliver a range of complex projects successfully. We are a **trusted provider with a track record of delivery** and our funders consistently provide us with positive feedback.

Our core products including *Key Data on Young People*, continue to inform practice across the UK and beyond. Our **resources are recognised and shared by statutory bodies** including the UK Health Security Agency in their ‘Finding the evidence series’ and NHS England in their guidance on ‘Working in partnership with people and communities’.



We **moved swiftly to support young people during the pandemic**, adapting our participation methods, delivering a Covid-19 research project bringing together the themes from the fast changing research landscape and supporting youth champions to deliver high profile campaigns. We know young people really appreciated the opportunity to share their views and experiences during the period.



We want to extend our thanks to the wide range of funders who have supported our work including charitable foundations, the NHS, public health bodies and Government departments. We are incredibly grateful for their support.



Delivery against our strategic priorities included:

Increasing young people's participation in health policy, practice and research

We have completed 34 distinct participation projects including 'We're All Right' which focused on building a rights based approach with young people affected by sexual violence. Other projects covered a wide range of topics including cancer, asthma, diabetes and excess weight. We provided bespoke support to the youth board members of the Children and Young People's NHS Transformation Board, helping them have a direct voice in high level NHS England planning discussions. We have also increased the range of young people we work with including the voices of Gypsy, Roma and Traveller young people, young carers and other groups experiencing marginalisation.

"Engaging in groups like this is a form of self-care. Feeling like you are doing something to make positive change."

Young person

Increasing access to evidence about young people's health

We routinely produce over 20 publications a year and we have developed new kinds of outputs including more sophisticated animations, toolkits and podcasts. Our reach on social media has expanded by more than 2,000 followers. We published our new Youth Health Data Hub, moving our traditional Key Data publication onto an online platform for interactive use. Over 10,500 people have accessed *Key Data on Young People* since 2018.

"I've been finding your key data on young people report to be incredibly helpful. It's a great resource; it's pointed me in the direction of numerous data sources I'd not have found otherwise and clearly set out the context and background for many of the topics I'm considering for inclusion."

Staff member from statutory health organisation

"This is the stuff we live and breathe and try to address through our work ... having your paper to reference will be really helpful."

Dr Helen Jones

Improving practice in young people's health

Since its launch in April 2022, the new AYPH website has had over 47,000 views. We run regular webinars for those working to support young people's health. This has covered topics including the impact of Covid-19 on young people, parenting and youth mental health, mental health competence, use of language and young people's health inequalities, interventions for dating and gender based violence, and student health. In 2019, 128 people attended our on-line events; in 2020 and 2021 this rose to over 300 per year. This is in addition to joint conferences with professional bodies and Royal Colleges that enable us to emphasise the importance of youth health to a wide range of practitioners.

Supporting and developing new ways of meeting young people's health and wellbeing needs

We have developed methods for evaluating youth friendly health services that have included working closely with two innovative services. This work has informed both the development of these models and decisions about future commissioning. We were part of a ground-breaking research team testing group clinics for young people with diabetes which highlighted the potential as well as the potential challenges of this model. We were commissioned to ensure young people's perspectives are included in new NHS structures including work on Primary Care Networks and digital primary care delivery.

"you know that there's people that will understand your feelings and maybe feel the same way as you do."

Young person

Informing regional and national policy and strategy

We led efforts to ensure young people and the youth health sector had their views included in the NHS Long Term Plan and our summary of the things that matter to young people was included in the NHS England submission for priorities on children and young people. Our work continues to fill gaps in understanding and knowledge in national policy from better understanding of young people's experiences of obesity to the impact of mental health on young people's employment. In the last two years we have responded to 30 policy consultations and calls for evidence. Our responses have been quoted by the Department of Health and Social Care and used to inform House of Lords debates.

"I think its good that we got a say in all of this", "we actually get our ideas into something"

Young person

We are looking forward to continuing our work towards realising our vision that all young people have the best possible health and equal access to high quality youth friendly services. If you are interested in finding out more about our work or joining AYPH contact us.

ayph.org.uk info@ayph.org.uk [@AYPHcharity](https://www.instagram.com/AYPHcharity)