

# Epilepsy

On average **two** children in every primary school and **nine** young people in every secondary school will have epilepsy

Epilepsy Action, 2023.



Epilepsy affects over **100,000** children and young people in the UK

Children and young people from groups more likely to experience marginalisation may struggle to access the services they need and may have poorer health outcomes.

We spoke to **48** children and young people with epilepsy, of different ages and from different areas and communities. Their messages were:

## Improve understanding

We need to **reduce stigma** and **raise awareness** about epilepsy in young people



We need to **improve epilepsy understanding** in different cultures and religions

## Improve the offer



Remember that isolated and excluded young people can benefit from peer support and group work.



Tailor communication for young people including ensuring translation services are available.



Help young people to manage an uncertain future – particularly at the transition into adulthood.

More could be done to support young people with accessible tools and simple technology.



The messages highlighted that extra effort to reach these groups from services is important.

Find out more about our findings in the **scoping** and **engagement** reports including recommendations for action.