



Do you want to address health inequalities amongst young people?

Are you keen to ensure your Integrated Care System or health service listens and responds to the needs of young people?

"I loved the workshop – all of it! – the opportunity to hear what is important to young people. The activities were very well thought out."

CO-DESIGNED AND DELIVERED TRAINING FOR THOSE WORKING TO IMPROVE YOUNG PEOPLE'S HEALTH

We cover the following topics:

- Addressing health inequalities amongst young people
- What young people want from services including specific sessions on Epilepsy, Diabetes, Asthma and Excess Weight
- Engaging and involving young people in health service design
- Ethical practice in youth engagement
- Facilitation skills – delivering engaging and safe health workshops with young people
- Youth friendly health services

We can tailor training to your needs focusing on one of the above areas or combining course content to create a bespoke course linked for example to your local Core20PLUS5 priorities for children and young people.

WHY CHOOSE AYPH TRAINING?

Co-designed and delivered:

Delivered by a team of professionals and AYPH young trainers with a passion to challenge health inequalities. We can also support and train young people in your service to enable them to tailor training to your area.

Comprehensive curriculum:

Master essential concepts, theories and practice in creating accessible health services, addressing young people's health inequalities and supporting young people to have a voice in health services.

Interactive and hands-on:

Acquire practical skills by working through common scenarios with our young trainers. Our training is interactive and engaging, using small group work, videos, practical activities and youth designed scenarios.

Evidence based:

We draw on our Youth Health Data hub and youth voice projects to bring participants the latest data on youth health and documented lived experiences from condition specific programmes of work such as Epilepsy, Diabetes, Excess Weight clinics and Asthma.

"It helped me to scrutinise what my service is doing and why, and to ask have we got young people's voice at the centre."



FOR MORE INFORMATION CONTACT:
info@ayph.org.uk

VISIT OUR WEBSITE FOR MORE INFORMATION:
ayph.org.uk/training