

Innovation & good practice in adolescent health

Advancing youth friendly health in the UK



Bart's Health MUS (Medically
Unexplained
Symptoms) pathway (Tower
Hamlets)

Overview: The development of a pathway in the hospital and community to optimise assessment and interventions for young people presenting with MUS.

A core component of this is working together in an MDT understanding and managing the mental and physical health aspects and needs.

This is in line with commitments to provide best start in life.

Objectives:

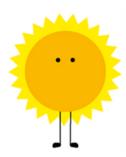
- Improve the care of CYP with MUS
- Understand their symptoms, improve coping and management of symptoms and improve function
- Improved quality of life, better school attendance and reduced dependency on NHS services

Results: Measuring increased school attendance and reduce A&E attendance as outcomes.

Young Barts Health







More information: MUS Pathway Lead helen.roberts61@nhs.net