

Innovation & good practice in adolescent health

Advancing youth friendly health in the UK

Health
Inequalities
and Access

MDT or
Neighbourhoo
d Team

Children and Young People's Health Equity Collaborative

Overview: 440,000 0-25 year olds live in South Yorkshire, 40% in areas of poverty. A collaborative of South Yorkshire, Barnados & Institute of Health Equity (IHE) work together to address the social determinants of health in CYP by helping the healthcare system tackle these factors working in partnership through the Marmot Principles. The Child Health Equity Framework uses 4 areas to guide improvement:

- 1. Set out key drivers;
- 2. Guide the analysis of data to assess & monitor inequalities;
- 3. Support & guide the ICSs in commissioning services & interventions;
- 4. Strengthen partnerships between health care, public health, local authorities and the community and voluntary sector.



Objectives of the CYP Alliance:

LEAD: the transformation of care for YP through the lens of reducing inequalities and creating equity

CONNECT: support a complex system to build stronger connections and work in partnership to create meaningful change

AMPLIFY: Supporting a system wide approach to hearing the voices of CYP

Results from the Child Health Equity Collaborative interventions:

The SY YP are leading change with a YP health champions manifesto

Initial case study of 9-10year olds local "Friday fun club" for kids most in need to learn skills & build trusting relationships is being evaluated by IHE. Has 100% attendance rate, though wanted a longer term group

Learning:

Enablers:

- 1. Access to Data
- 2. Youth Voice Community of Practice
- 3. Cross-Sector Collaboration with a shared vision
- 4. Health Champions who engaged 300 CYP *Barriers:*
 - 1. Priorities of stretched services & engaging solve by focus on relationships, flexibility, low burden work
 - 2. Parental consent solve by plain language, interpreters, informal drop in sessions

More information:

https://chilypep.org.uk/wp-content/uploads/2025/07/South-Yorkshire-Health-Champions-Manifesto-1-1.pdf

https://www.barnardos.org.uk/health-equity-collaborative