

Disordered Eating Complex Case Advisory Forum

Overview: There's been a 514% increase in acute admissions for ED to Paediatric wards in 2012-22. These are often complex multi-layered presentations that require a bespoke approach and are more disordered eating than eating disorders. The use of the South West Mental Health network allows MDT input and use of a "hive mind" for these complex cases when that is not available on site.

Objectives:

- To support MDT clinical teams working with CYP living with complexity and presenting with disordered or restrictive eating in acute settings and mental health inpatient beds
- To improve quality of care, reduce the need for restrictive practice and support clinical teams in decision making

Results: "I was able to go back to the family and the CYP and say that we had put our heads together with expert professionals across the region, to seek advice and support about how best to support her"

"This forum opened up new channels of conversations and new ideas to explore, which probably went a long way to avoid significant restrictive practice such as sedation and anaesthetic and referral to tier 4"



More information:
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