

HEEADSSS APP

Overview: The HEEADSSS app was founded in 2018. It takes the readily available psychosocial screening tool (Home, Education/Employment, Eating, Drugs, Sex, Suicide prevention, Safety) and links questions (co-designed with YP) to local and regional resources that are uploaded to a linked content management server. It can be delivered by a professional, parent or as a young person led self screen with potential resources shared with the YP by text or email.

Objectives:

- Improve uptake of HEEADSSS Screening
- Provide relevant local information to young people

Results:

- User evaluation of self screening involving 100 young people:
- 74% preferred self screening
- 98% agreed/strongly agreed that it was easy to use
- 96% agreed/strongly agreed that questions appropriate
- 82% found resources of which 90% thought helpful



More information:
<http://app.heeadsss.uk> or
search HEEADSSS on
Appstore/Googleplay

