

## Innovation & good practice in adolescent health

Advancing youth friendly health in the UK



AEGIS Project (Advancing equity for children and young people seeking asylum and refugees): a blueprint for generalisable interventions

**Overview:** The AEGIS Project aims to improve outcomes for children and young people seeking asylum and refugees (CYPSAR) in the UK, who face multiple barriers to health, education, and wellbeing.

Funded by an NIHR Programme
Development Grant, the project is in its
development phase, building towards
a 3–5 year mixed-methods
programme. Its goal is to co-produce
evidence and interventions with
CYPSAR and other marginalised young
people, ensuring their voices are
central throughout.

More information: <a href="https://www.uclh.nhs.uk/news/new-study-evidence-outcomes-marginalised-children">https://www.uclh.nhs.uk/news/new-study-evidence-outcomes-marginalised-children</a>

## **Objectives:**

- Work with young people to identify needs, co-create solutions, and shape policy and practice
- Build a community of practice across health, education, law, and other sectors
- Map interventions and services for CYPSAR and other marginalised young people
- Review outcomes and evidence on CYPSAR
- Develop engagement models with young people, including mentorship for co-researchers

**Results:** Preliminary results across work packages (quantitative, qualitative, and literature reviews) - data analysis and synthesis in process

**Evidence:** New measures will need to be designed collaboratively as these do not currently exist



Project AEGIS