

Voice Collective at Mind in Camden

Overview: Voice Collective supports young people who have highly stigmatised experiences often referred to as 'hallucinations' or 'delusions'. The project works in a non-pathologising, person-centred way to encourage a range of support mechanisms to cope with distress, and to give young people agency in making sense of their experiences on their own terms. As such, Voice Collective uses the words young people use themselves about their experiences, and generally more neutral language such as hearing voices, or holding unshared beliefs

Objectives:

Voice Collective's approach emphasises peer support, co-production, and the value of lived experience.

Results: In 2024-25 Voice Collective's small, part-time team supported over 100 young people and more than 250 parents, carers, and professionals.

"After our talk I have felt so much more relaxed and accepting of the situation... things seem manageable." - Young person

"I find what you are sharing very helpful for me to see a different view of the voices my son has... It's such a warm experience just to be around others going through the same or similar things." - Parent

More information: www.voicecollective.co.uk
<https://www.penninecare.nhs.uk/chusetrial>
<https://www.mmu.ac.uk/about-us/faculties/health-and-education/usen-network>
<https://sites.google.com/view/the-philosophy-garden/our-animated-videos/wolf-snake-and-butterfly>
<https://link.springer.com/book/10.1007/978-3-031-68881-2>
<https://pubmed.ncbi.nlm.nih.gov/40186222/>

