

Charity registration number 1122400 (England and Wales)

Company registration number 06412836

**THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**



THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr. N J Cellino	
	Mr C G Simpson	
	Dr D M Sharpe	
	Miss E Dowds	
	C Bethel	
	Mr D Churchill	
	Mr N C Patel	
	Miss G Ghaffary	(Appointed 2 December 2024)
	Professor R Campbell	(Appointed 24 February 2025)
Secretary	C Bethel	
Charity number (England and Wales)	1122400	
Company number	06412836	
Registered office	Fivefields 8-10 Grosvenor Gardens London United Kingdom SW1W 0DH	
Independent examiner	Hazel Day Xeinadin Nightingale House 46-48 East Street Epsom Surrey KT17 1HQ	

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

CONTENTS

	Page
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 17

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

Our vision

All young people have the best possible health and equal access to high quality youth friendly services.

Our mission

We work with everyone to understand and meet the particular health and wellbeing needs of 10-25 year olds. Young people and their rights are at the centre of everything we do.

Our strategy

Our priorities for change:

- Young people's voice and lived experience is heard and acted upon in health policy, research and practice
- Health services have the capacity, resources and skills to be effectively youth friendly
- Young people's health inequalities are reduced
- Young people live in environments and communities that support and nurture good health

Building networks and partnerships are central to all of our aims.

The trustees confirm that they have referred to the guidance of the Charity Commission on public benefit in their review of the charity's aims and objectives.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Significant activities and achievements against objectives

Charitable activities

This financial year we have pursued the following activities that help us achieve our aims:

Young people's voice and lived experience is heard and acted upon in health policy, research and practice

AYPH works on an ongoing basis to ensure that young people's voices are heard and acted upon by all those who plan, fund and deliver health and wellbeing services.

We have completed several participation projects this year including:

- developing a training module based on our work on the experiences of young people with epilepsy from communities that experience marginalisation
- worked with young LGBTQ+ people to highlight their perspectives on the Royal College of Paediatrics and Child Health's LGBTQ+ statement of principle. the statement focuses on working in an inclusive way, better understanding the needs of LGBTQ+ children and young people, and supporting paediatricians providing care for them.
- AYPH is leading a programme of Patient and Public Involvement with young people in the process of testing a school-based intervention to prevent dating and relationship violence and gender-based violence.

We provided bespoke support to the young board members of the Children and Young People's NHS Transformation Board, helping them have a direct voice in high level NHS England decision making. We supported the recruitment and induction of a new cohort of young board members during this year and impact analysis on the work of the board.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Young people's health inequalities are reduced

Some young people experience worse health outcomes than others, which is unfair and can be prevented. Differences in young people's health are caused by a range of factors, from education to housing.

- This year saw the start of a programme of work with the University of Bristol, to understand what impacts on young people's mental health and what increases inequalities for different groups of young people – using intersectionality as a lens across the UK. We delivered patient and public involvement activity as part of an economic evaluation of free school meals in secondary schools.
- Our AYPH training programme has an ongoing focus on health inequalities, and we supported our young trainers to present about health inequalities to the Local Government Association conference. We also ran a one-day essential course on adolescent health and health inequalities for the Royal College of GPs.

Health services have the capacity, resources and skills to be effectively youth friendly

Supporting innovative practice is central to achieving our aims.

- This year saw work begin with the University of Bristol to co-produce resources for healthcare professionals to reduce discrimination and improve quality of healthcare for young women. In Scotland, with local youth organisations and health professionals, AYPH is supporting the engagement of young people involved in this project. As part of our work on Data Trusts, AYPH published a briefing on the role of trustees representing children's health data interests and delivered a webinar for stakeholders.
- Our training programme to support organisations and individuals to understand and meet the particular health needs of 10-25 year olds continued this year. We have worked with young trainers and partner organisations to create change in understanding young people's health inequalities and youth friendly health approaches through the provision of youth led training for healthcare practitioners, commissioners and policy makers. The work will create this change, creating a new cohort of young trainers, increasing the opportunities for our young trainers and youth advisors to develop their skills and confidence as they work with us to influence system wide change.

Young people live in environments and communities that support and nurture good health

Our work continues to fill gaps in understanding and knowledge in national policy, from better understanding of young people's experiences of food insecurity to the impact of health inequalities.

- Our Shaping Places for Healthier Lives project in the London Borough of Newham concluded this year. Over the three year project we developed complex system maps to improve our understanding of the drivers, held many discussions with stakeholders and young people, and built and tested new interventions based in secondary schools and youth centres. A suite of resources was published and an event to launch the publications was held.
- We supported the UKHSA on engagement with young people on their views on health security, health protection and health information.

Our policy work has continued across all our priorities.

We continue to take part in a number of advisory and steering groups for other organisations, including:

- the NHS Stakeholder Council for the CYP Transformation Programme
- the Children and Young People's Health Policy Influencing Group run by the National Children's Bureau
- the Children and Young People's Mental Health Coalition
- the Inequalities in Health Alliance, the PSHE strategic partnership
- chairing the Advisory Group of a research project focused on safe spaces for LGBTQ+ young people to do physical activity
- the Public Health Intervention Research Study reviewing evaluations of public health interventions from across the UK and the
- Brook service development committee on mental health and neurodiversity

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Building networks and partnerships

We have continued to maintain and increase the diversity of income streams for the organisation. We work with five Royal Colleges directly and/or via their adolescent and CYP health groups. AYPH is also a member of the International Association for Adolescent Health.

AYPH is a UK-wide organisation, and we present data and knowledge from across the UK and beyond. Whilst most of our funding in 2024-25 came from English sources, we continue to engage our home country networks and sustain these partnerships. In 2025 we will be carrying out work in Scotland focused on young women's health. We will continue to strive to maintain and enhance engagement with our members and other young people's health professionals in Scotland, Wales and Northern Ireland.

Financial review

Reserves policy

It is AYPH's target that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to 6 months running costs (approximately £152,000). If the level of reserves exceeds this level, action will be taken to reduce reserves by, for example, investing additional funds in core initiatives such as planning increased project delivery in line with our strategic aims and / or supporting additional young people and professionals to be involved in our work.

The trustees have considered current and future income sources running costs from the previous financial year alongside calculations based on the organisation's current circumstances and the general trends of activity in the sector over recent years. Overall, it is considered that reserves at this level will help to ensure that, in the event of a significant drop in funding or to cover unexpected emergency or operational costs, the charity's core activities can be continued whilst work is undertaken to secure additional funds. Running costs are estimated after considering actual costs from 2024/25 and budgeted future costs.

The charity has faced some economic challenges in this financial year which has led to a deficit as shown in these accounts. Changes in the funding landscape, health and policy shifts have impacted on income along with some staff changes. Trustees have been fully aware of the situation and staff have worked to reduce the impact of the shortfall. Regular risk assessments and oversight is in place. At 31st March 2025 the level of unrestricted funds which have not been designated for a specific use was approximately £132,000.

Trustees continue to support planning of our future funding, focusing on strategic aims for the charity. This year saw a refresh of our governance boards, including the recruitment of new Trustees, Advisory Council members and Young Ambassadors. We also reviewed our Patrons and have moved to a new model of a Strategic Advisory Panel. A new strand of work has emerged from this new model: Creating a paradigm shift in adolescent health. We worked with leading thinkers in the adolescent health field to discuss new areas of focus and new ways of looking at adolescent health. We will be highlighting emerging evidence and new ways of thinking about adolescent health and working together with young people and professionals to identify opportunities to change the health trajectories for young people and support wider public health action on the issues affecting them.

Trustees will continue to monitor reserves going forward and will review this policy quarterly to ensure that the impact of funding secured during the year on the reserves policy is clear and any necessary mitigating action is taken as needed.

Plans for future periods

Trustees continue to work with staff to attract future project and core funds to ensure AYPH's sustainability into the future. Work this year has included the launch of a redesigned membership scheme, which included moving to a free model of membership in order to reach a wider audience and influence a larger sector of the community. The move to the new membership model has seen our membership increase to almost 600 members. This year saw the appointment of a new Evidence and Policy Lead /Deputy Chief Executive to the organisation.

Structure, governance and management

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Dr. N J Celino

Dr C H Parker

(Resigned 31 May 2025)

Mr C G Simpson

Dr D M Sharpe

Miss E Dowds

C Bethel

Mr D Churchill

D Fallon

(Resigned 2 December 2024)

Mr N C Patel

Miss G Ghaffary

(Appointed 2 December 2024)

Professor R Campbell

(Appointed 24 February 2025)

Organisational structure

Trustees are elected at the AGM.

The Trustees are responsible for the oversight of the Association and take strategic decisions about the direction of the Association's work. The day to day running of AYPH is delegated to the Chief Executive and other staff. The Chair and the staffing and General Purposes sub group of the Trustees, provide supervision to the Chief Executive.

The trustees' report was approved by the Board of Trustees.



C Bethel

Trustee

Date: 15/10/25

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

I report to the trustees on my examination of the financial statements of The Association For Young People's Health (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006;
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Hazel Day
BSc (Hons) FCA DChA
Xeinaidin
Nightingale House
46-48 East Street
Epsom
Surrey
KT17 1HQ
Date: 4/11/2025

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Charitable activities	3	75,761	151,014	226,775	230,090	122,413	352,503
Other trading activities	4	24,467	-	24,467	33,365	-	33,365
Investments	5	3,548	-	3,548	3,580	-	3,580
Total income		<u>103,776</u>	<u>151,014</u>	<u>254,790</u>	<u>267,035</u>	<u>122,413</u>	<u>389,448</u>
Expenditure on:							
Charitable activities	6	152,322	154,213	306,535	230,451	130,414	360,865
Total expenditure		<u>152,322</u>	<u>154,213</u>	<u>306,535</u>	<u>230,451</u>	<u>130,414</u>	<u>360,865</u>
Net income/(expenditure) and movement in funds		<u>(48,546)</u>	<u>(3,199)</u>	<u>(51,745)</u>	<u>36,584</u>	<u>(8,001)</u>	<u>28,583</u>
Reconciliation of funds:							
Fund balances at 1 April 2024		<u>180,633</u>	<u>18,512</u>	<u>199,145</u>	<u>144,049</u>	<u>26,513</u>	<u>170,562</u>
Fund balances at 31 March 2025		<u>132,087</u>	<u>15,313</u>	<u>147,400</u>	<u>180,633</u>	<u>18,512</u>	<u>199,145</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Debtors	12	48,798		32,609	
Cash at bank and in hand		110,995		204,533	
		<u>159,793</u>		<u>237,142</u>	
Creditors: amounts falling due within one year	13	(12,393)		(37,997)	
Net current assets			<u>147,400</u>		<u>199,145</u>
The funds of the charity					
Restricted income funds	16		15,313		18,512
Unrestricted funds	17		132,087		180,633
			<u>147,400</u>		<u>199,145</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 15/10/25



C Bethel
Trustee

Company registration number 06412836 (England and Wales)

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The Association For Young People's Health is a private company limited by guarantee incorporated in England and Wales. The registered office is Fivefields, 8-10 Grosvenor Gardens, London, SW1W 0DH, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (Continued)

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Grants receivable						
Performance related grants	75,761	151,014	226,775	230,090	122,413	352,503

4 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	24,467	33,365

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	3,548	3,580

6 Expenditure on charitable activities

	Activities undertaken directly 2025 £	Activities undertaken directly 2024 £
Direct costs		
Staff costs	218,893	215,121
Partner project costs	15,218	76,134
Other expenses	4,513	-
Accessibility costs	-	1,050
Staff training	-	112
Young trainer	2,955	2,656
Travelling expenses	-	2,287
Recruitment costs	1,003	1,232
Consultancy	16,290	17,810
Conference/project costs	20,386	18,610
	279,258	335,012
Share of support and governance costs (see note 7)		
Support	23,008	21,757
Governance	4,269	4,096
	306,535	360,865
Analysis by fund		
Unrestricted funds	152,322	230,451
Restricted funds	154,213	130,414
	306,535	360,865

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

7 Support costs allocated to activities

	2025	2024
	£	£
Insurance	1,166	1,075
Telephone	1,832	2,025
Postage and stationery	434	759
Travelling	1,755	2,455
Repairs and renewals	75	780
Bank charges	125	94
Computer expenses	3,456	3,642
Website expenses	146	180
Office rental	13,274	10,547
Advertising	744	200
Governance costs	4,270	4,096
	<u>27,277</u>	<u>25,853</u>
Analysed between:		
Activities undertaken directly	<u>27,277</u>	<u>25,853</u>

8 Net movement in funds

	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	<u>2,250</u>	<u>1,650</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

Trustees' expenses

Trustees were reimbursed a total of £191 to 1 trustee (2024 - £152 to 1 trustee) in travelling and other expenses during the year

10 Employees

The average monthly number of employees during the year was:

2025	2024
Number	Number
<u>6</u>	<u>6</u>

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	194,739	191,611
Social security costs	14,607	14,147
Other pension costs	9,547	9,363
	<u>218,893</u>	<u>215,121</u>

There were no employees whose annual remuneration was more than £60,000.

11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Other debtors	<u>48,798</u>	<u>32,609</u>

13 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		-	4,483
Deferred income	14	-	16,786
Other creditors		<u>12,393</u>	<u>16,728</u>
		<u>12,393</u>	<u>37,997</u>

14 Deferred income

	2025 £	2024 £
Other deferred income	<u>-</u>	<u>16,786</u>

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	<u>-</u>	<u>16,786</u>

Movements in the year:

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14	Deferred income	(Continued)	
	Deferred income at 1 April 2024	16,786	10,558
	Released from previous periods	(16,786)	(10,558)
	Resources deferred in the year	-	16,786
	Deferred income at 31 March 2025	-	16,786

15	Retirement benefit schemes	2025	2024
		£	£
	Defined contribution schemes		
	Charge to profit or loss in respect of defined contribution schemes	9,547	9,363

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

16 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
Shaping Places	12,498	47,365	(59,841)	22
Data Trusts	-	17,200	(16,952)	248
Data Trusts	1,814	-	(1,676)	138
Youth Health Data Hub	4,200	-	(4,200)	-
Well centre	-	448	(448)	-
Stop GBV DRV trial	-	5,645	(5,645)	-
Paul Hamlyn	-	50,000	(37,350)	12,650
Westminster Foundation	-	7,531	(6,276)	1,255
MH HI Wellcome Fellowship	-	16,825	(16,325)	500
ESRC young women's health	-	4,000	(3,500)	500
PDG	-	2,000	(2,000)	-
	18,512	151,014	(154,213)	15,313

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
HF Inequalities Fellow	12,991	14,905	(27,896)	-
Rollercoaster Evaluation	325	-	(325)	-
Dating and Relationship Gender Based Violence	1,843	-	(1,843)	-
Shaping Places	10,979	59,137	(57,618)	12,498
Data Trusts	375	-	(375)	-
Sharing the learning	-	9,421	(9,421)	-
Data Trusts	-	12,750	(10,936)	1,814
Youth Health Data Hub	-	4,900	(700)	4,200
NWL Ren	-	10,000	(10,000)	-
Well centre	-	11,300	(11,300)	-
	<u>26,513</u>	<u>122,413</u>	<u>(130,414)</u>	<u>18,512</u>

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Restricted funds

(Continued)

Shaping Places Phase 2

AYPH worked with Newham Public Health team to address food insecurity for young people age 11-19 living in Newham by implementing a community-based system dynamics approach focused specifically on food security in schools and youth spaces.

Youth Health Data Hub

AYPH is working to improve the evidence base for investing in young people's health, via our Youth Health Data Hub. This work, funded by the Sir Halley Stewart Trust focused on modernising the way in which AYPH delivers the most up to date and useful data on young people's health, in order to provide the basis for advocacy and service delivery to this age group.

STOP GBV DRV (Think Again)

This school-based intervention to prevent dating and relationship violence (DRV) and gender-based violence (GBV) is informed by three NIHR-funded projects. AYPH is leading a programme of Patient and Public Involvement with young people in the process of testing the intervention. This work aims to support further research to test the effectiveness of resources to teach students about healthy relationships and consent, how to recognise abuse and ask for help and how to reduce gender-based violence.

Data Trusts

Carried out as part of the Born in Scotland birth cohort study, this work explores whether data trusts can help support young people to be more involved in the next generation of birth cohort studies and the ways in which a data trust can be used to govern children's data and data rights. AYPH has led youth engagement exercises, published a briefing on the role of trustees representing children's health data interests and delivered a webinar for stakeholders.

User led structural change in young people's health

Funded by the Paul Hamlyn Foundation, this work aims to create system wide change in understanding young people's health inequalities and youth friendly health approaches through the provision of youth led training for healthcare practitioners, commissioners and policy makers. The work will create this change with new cohorts of young trainers, increasing the opportunities for our young trainers and youth advisors to develop their skills and confidence as they work with us to influence system wide change.

Westminster Foundation

Funding provided by the Westminster Foundation to enable AYPH to occupy office space at their Fivefields offices. The vision is that Fivefields will become a world-class venue for voluntary organisations that share a common goal of supporting children and young people to improve their life outcomes, aligning with the Westminster Foundation's thematic focus, and that by AYPH's occupation of Fivefields this will inspire other youth organisations through community and collaboration which will in turn maximize AYPH's effectiveness.

Mental Health & Inequalities - Wellcome Fellowship

Funded by the University of Bristol, this project is looking to understand what impacts on young people's mental health and what increases inequalities for different groups of young people – using intersectionality as a lens across the UK. AYPH is supporting the engagement of young people involved in this project.

Young women's health

Funded by the University of Bristol, this work will co-produce resources for healthcare professionals to reduce discrimination and improve quality of healthcare for young women. Taking place in Scotland with local youth organisations and health professionals, AYPH is supporting the engagement of young people involved in this project.

Programme Development Grant

This programme development grant led by Imperial College London and provided by the National Institute for Health Research, aims to develop a more integrated approach to evaluating multi-sectoral interventions and policies to improve health outcomes for adolescents.

THE ASSOCIATION FOR YOUNG PEOPLE'S HEALTH

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General fund	180,547	103,776	(152,322)	132,001
Youth Led Environmental Enquiry	86	-	-	86
	<u>180,633</u>	<u>103,776</u>	<u>(152,322)</u>	<u>132,087</u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General fund	138,963	267,035	(225,451)	180,547
Youth Led Environmental Enquiry	86	-	-	86
Recruitment and payment of young trainers	5,000	-	(5,000)	-
	<u>144,049</u>	<u>267,035</u>	<u>(230,451)</u>	<u>180,633</u>

18 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Current assets/(liabilities)	132,087	15,313	147,400
	<u>132,087</u>	<u>15,313</u>	<u>147,400</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	180,633	18,512	199,145
	<u>180,633</u>	<u>18,512</u>	<u>199,145</u>

19 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).